



Shetland – Fall 2011 Rules

- Base Path Distance: 50 feet
- Machine pitch distance is 22 feet
- No metal cleats
- All male players should wear protective cups
- Bat entire line-up each inning
- 5 Machine Pitches per at bat (then hit from batting tee, if needed)
- All players play on defense
- No on deck batter
- No catcher
- Base runners do not advance on overthrows
- Hold base runners after the ball is thrown into the infield
- Defensive coaches are allowed on the field to ensure all players are positioned properly and paying attention
- Game Time: No more than 1:15